



Spring 2011

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## The *Just Clean Your Hands* Movement Continues!

Supporting the Just Clean Your Hands (JCYHs) in Long Term Care Homes (LTCHs) program has been a high priority for the Ontario Agency for Health Protection and Promotion (OAHPP) and its Regional Infection Control Networks (RICNs). In January of this year,

the OAHPP and the RICNs received short-term funding from the Ministry of Health and Long-Term Care to initiate a project aimed at providing one-on-one coaching to each LTCH in Ontario.

The goal of the project is to help LTCHs with their Just Clean Your Hands implementation by having coaches visit each home and work with staff designated as JCYH Champions to identify barriers to implementation, and create solutions that facilitate this program and reinforce the 4 Moments for Hand Hygiene.

The JCYHs Coaching Project involves:

- Conducting a pre-visit telephone survey to assess the stage of JCYHs implementation and help coaches identify the supports needed.
- A scheduled visit where the JCYHs coach may spend up to a full day in the LTCH providing assistance and advice to staff.
- Development of an evaluation framework to help us assess how useful the coaching was to LTCHs.

JCYHs coaches have been busy, and as of March 10<sup>th</sup>, have completed 94% of the pre-visit surveys - reaching more than 500 LTCHs in Ontario. They have also completed more than 55% of the on-site visits and we have been receiving wonderful feedback from many of the homes about the usefulness of the visits.

Stay tuned to your local RICN communications for our final report.

## "I Wanna Wash My Hands" Spotlight on BCHS



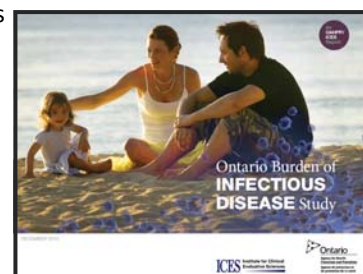
The Brant Community Healthcare System has created a fun music video promoting hand hygiene. The video features the in-house physician band **Doctor, Doctor** singing *I Wanna Wash My Hands* to the tune of the Beatles song "I Want to Hold Your Hand." Cameos are made by Walter Gretzky and the Honourable Deb Matthews. The video was launched to staff on February 17, 2011 in the cafeteria with a hot breakfast. Take a few minutes and follow this link <http://www.bchsys.org/#> and enjoy their creation. This video has now received 21,000 hits on YouTube. Way to go, BCHS!

## The Ontario Burden of Infectious Disease Study (ONBOIDS)

Did you know each year in Ontario, there are over 7 million infectious disease episodes and nearly 4900 associated deaths? Or that the 5 most burdensome infections include Hep C, *Streptococcus pneumoniae*, HPV, Hepatitis B and *Escherichia coli*?

Over the past decade, infectious diseases have regained prominence in Ontario, with outbreaks of *E. coli* O157:H7, West Nile virus, severe acute respiratory syndrome (SARS) and pandemic H1N1 influenza. The Ontario Burden of Infectious Disease Study (ONBOIDS) conducted by OAHPP and the Institute for Clinical Evaluative Studies (ICES) provides a current assessment of the mortality and morbidity of infectious disease in Ontario. The study's objectives were to determine the relative contributions of select infectious diseases to the overall burden of infectious diseases in Ontario; inform priority setting, planning and decision-making; establish a baseline for future evaluations of public health interventions; and to identify strengths and weaknesses of existing infectious disease data in Ontario.

The ONBOID Study is available on-line at our website, [www.oahpp.ca](http://www.oahpp.ca) under 'resources'.





**Ask the Expert, Colleen Nisbet**

*North Simcoe Muskoka Infection Control Network, Coordinator*

Question? I put a lot of effort into writing Policies & Procedures (P&P) for Infection Control but find that they aren't taken notice of. What can I do to get staff to realize...these are important!

Answer: This is a common issue and one that we hear about frequently. Effecting positive change in any organization is challenging!

We often make two suggestions that help to get the ball rolling:

First of all, gather together a small group of folks in your organization (ideally, a mix of decision makers and professional staff). Set a time limit (perhaps 2 hours) and conduct a critical review of the current process for P&P development. Avoid discussing the actual content of the documents and focus on the *process*, that is, how do these P&P come into being? Are there steps in your process that are done extremely well while other steps are falling short? Perhaps your P&P are well researched and written but poorly disseminated and promoted among employees. Others maybe well communicated and understood by staff but contain procedures that are impractical and sometimes even impossible to implement. Outdated policy and procedures also quickly become problematic. When these situations happen on a frequent basis the interest in positive change through policy development definitely wanes.

In addition to identifying areas of improvement, the critical review process can be a means of support (and even inspiration) for your colleagues toward positive change. If you are unsure about conducting a "critical review" there are checklists available that are very helpful.

Second, take advantage of the experiences of others. Are you aware of colleagues outside of your organization that seem to do a great job of P&P implementation? Ask about their process—most organizations appreciate the positive feedback and will share their experience and strategy with you.

Alternatively, there are experts in this field that have written some very practical and informative books on P&P development, implementation and evaluation. Two books that share good advice are "7 Steps to Better Written Polices and Procedures" and "Achieving 100% Compliance of Polices and Procedures" both written by Stephen Page.

**Environmental Cleaning Discussion Forum**



Do you have an environmental cleaning question or an answer to share?

The Environmental Cleaning Discussion Forum is now live on the RICN website in both English and French. The Discussion Forum provides a place to post questions and spark discussion with Environmental Services colleagues.

Check out [www.ricn.on.ca](http://www.ricn.on.ca) for the Environmental Services Discussion Forum and new resources such as sample policies and procedures! The link to this discussion forum is posted on the main RICN page.



**CHICA Conference, Toronto  
May 28 - June 2**

**Preconference Day (now SOLD OUT)  
Infection Prevention & Control Boot Camp  
for Healthcare Workers  
*I'm Not an ICP but Sometimes They Make Me Do It!***

Our Boot Camp is "Sold Out" but there are still lots of great events available. Visit the CHICA website for details.

**Lots of Great Videos for IPAC—Fun, Informative and Inspiring!**

- Hand Hygiene: Brant Docs Rock for Hand Hygiene <http://www.thespec.com/news/ontario/article/510511--brant-docs-rock-for-clean-hands>
- Hand Hygiene video in this Month's New England Journal of Medicine: <http://www.nejm.org/doi/full/10.1056/NEJMvcm0903599?query=TOC&>
- Hand Hygiene in India: [http://www.youtube.com/watch?v=Qdpd3roZiYw&feature=player\\_embedded](http://www.youtube.com/watch?v=Qdpd3roZiYw&feature=player_embedded)
- Ministry of Labour conducts an IPAC Audit: [http://www.labour.gov.on.ca/english/gallery/v\\_infection\\_hs.php](http://www.labour.gov.on.ca/english/gallery/v_infection_hs.php)

**CHICA-HANDIC Presents**  
**15th Annual Infection Control Annual Education Day**  
*For Healthcare Providers in Acute Care, Long-Term Care, Public Health & Community*



**The Hands Down  
Hoedown**

May 5, 2011 — 8:00 AM—4:00 PM

The Grand Olympia Banquet & Convention Centre - 660 Barton Street, Stoney Creek (Corner of Fruitland & Barton)

**EARLY BIRD REGISTRATION - Register by April 15th for a chance to win a FREE Registration!**

<b>0800</b>	<b>Welcome To The IPAC Corral</b> (Registration)	<b>1200</b>	<b>Chow Time At The Ponderosa</b> (Lunch Break—visit the vendors)
<b>0830</b>	<b>Ma Kettle's Calling</b> (Opening Remarks) Risa Cashmore	<b>1300</b>	<b>Romping In The Hay</b> (Sexually Transmitted Infections In The Elderly) Dr. Cheryl Main
<b>0845</b>	<b>Round The Ole' Campfire</b> (Education Through Storytelling) Deb Lloyd	<b>1345</b>	<b>Galloping Consumption</b> (Tuberculosis) Stefanie Ralph
<b>0945</b>	<b>Vittles &amp; Sips At The Saloon—Meet The Outlaws</b> (AM Break—visit the vendors)	<b>1415</b>	<b>Slop At The Trough</b> (PM Break—visit the vendors)
<b>1015</b>	<b>Don't Lick Your Lizard!</b> (Pets, Animals and IPAC Issues) Dr. Martha Fulford	<b>1430</b>	<b>There's A Fly In My Soup!</b> (Animal Contamination In Food Sources) Public Health—TBA
<b>1115</b>	<b>Who's In The Outhouse Now?</b> (New Onset Diarrhea) Anne Bialachowski	<b>1500</b>	<b>Mucking Out The Stalls</b> (Environmental Cleaning—Auditing With ATP & UV Indicator) Cindy O'Neill
<b>1145</b>	<b>True Grit</b> (What's Happening Out There) RICN Update	<b>1530</b>	<b>Ya'll Come Back Now, Ya Hear</b> (Final Remarks & Door Prizes) Mark Jefferson

Handouts available on-line one week prior to the event at: <http://www.chica.org/handic/index.html>

Registration: \$75.00 (includes refreshments, lunch & door prizes)

**REGISTRATION FORM – Registration Deadline April 29<sup>th</sup> – NO REGISTRATIONS AT THE DOOR**

**Cheque payable to CHICA-HANDIC**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Position: \_\_\_\_\_

Facility: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Institution Type: Acute Care:  Long Term Care:  Community:  Public Health:  Other:

Menu Allergies: Please list if applicable \_\_\_\_\_

Send completed form and cheque to: INFECTION CONTROL OFFICE Cambridge Memorial Hospital, 700 Coronation Blvd., Cambridge, ON N1R 3G2.  
 ATTN: Candace Allen. Inquiries only: (P) 519-621-2330 (2246) OR email: [callen@cmh.org](mailto:callen@cmh.org).



## Just Clean Your Hands CSICN Update LTCH Coaching Project

### 95% of homes have completed the Phone Survey

#### Highlights:

- 100% of homes had a JCYH Lead
- 100% of homes had ABHR available

#### Areas for Improvement:

- 71% of homes said residents were educated
- 45% had JCYH Champions
- 51% had auditors trained in the Four Moments

### 91% of on-site visits have been completed (of the homes requesting a coaching visit)

#### Highlights:

- 100% of Senior Management aware of the program
- 82% of resident rooms had ABHR available
- 75% had hand lotion available

#### Areas for Improvement:

- 21% of ABHR at point of care
- 30% of homes had a non-intact skin policy

Good news! We were able to keep one JCYH Coach on until the end of April. Dana Stallard is continuing to connect with homes and make coaching visits.

## Upcoming Events

### Upcoming Meetings

Niagara LTC ICC Interest Group Meeting  
**June 14, 2011**  
8:00 am - 9:30 am  
Location: Niagara Public Health Office, Thorold

Hamilton LTC ICC Interest Group Meeting  
**April 28, 2011**  
8:00 am - 10:00 am  
St. Joseph's Villa, First Floor Staff Training Room, Dundas

### Upcoming Conferences

**April 19-20**  
CSSA CanClean 2011 in Mississauga!

**May 5**  
CHICA-HANDIC Education Day  
Handsdown Hoedown.....

**May 12-13**  
CIPHI Ontario Annual Conference in Markham!

**May 28 - June 2**  
CHICA Canada Conference 2011 in Toronto! *Be sure to check out the Designates Day!*

## Lunch & Learns

**April 21** - Considerations for IC During Construction  
*\*available only by webinar*

**May 19** - Nursing Week and Infection Control

**June 16** - Legionnaires'

**September 15, 2011** - IPAC Auditing

*Contact CSICN for participation information.*



**CSICN JCYH Coaches**

(L-R) Linda Dalgleish, Adrienne Brown, Sheila Knight, Dana Stallard, Lindsay Hutton

## Webber Teleclasses - [www.webbertraining.com](http://www.webbertraining.com)

**April 13**  
Prevention of Surgical Site Infections

**April 28**  
The Spaulding Classification: Is it Time to Reconsider

**April 14**  
Healthcare-Associated Infection Prevention Bundles: Preventing the Preventable

**May 5**  
World Wide HH Events and Activities



Central South

**Giving Health  
a Helping Hand**

Central South  
Infection Control Network

St. Joseph's Villa  
56 Governor's Road, Lower Level, North Tower  
Dundas ON, L9H 5G7

Be sure to update your address book with our new email addresses:

Network Coordinator, Stefanie Ralph  
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Infection Control Consultant, Virginia Tirilis  
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Network Assistant, Oksana Zaporzan  
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