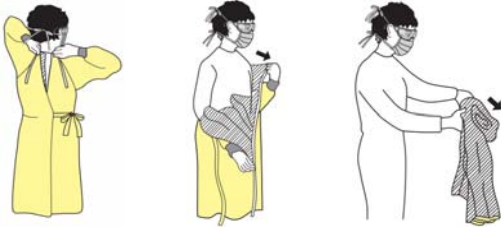


1) Remove Gloves

- Grasp outside edge near wrist
- Peel away from hand, turning glove inside-out
- Hold in opposite gloved hand
- Slide ungloved finger under the remaining glove
- Peel off from the inside, folding gloves inside each other
- Discard



2) Remove Gown

- Unfasten ties
- Peel gown away from neck and shoulder
- Turn outside toward the inside
- Fold or roll into a bundle
- Place in laundry hamper or if disposable in garbage



or



3) Clean Your Hands

- Use alcohol-based hand rub when hands are not visibly soiled
- Use soap and water when hands are visibly soiled
- Avoid using the patient/resident sink



4) Remove Eye Protection

- Grasp ear or head pieces with ungloved hands
- Lift away from face
- Place in garbage or clean and disinfect if reusable



5) Remove MASK (Replace when moist, damaged or soiled)

- Untie the bottom, then top tie or remove ear loops
- Lift away from face while holding the ties or loops
- Discard

Or Remove N95 Respirator

- Lift the bottom elastic over your head first
- Then lift off the top elastic
- Lift away from face while holding the elastic
- Discard



or



6) Clean Your Hands

- Use alcohol-based hand rub when hands are not visibly soiled
- Use soap and water when hands are visibly soiled
- Avoid using the patient/resident sink

Where to Remove PPE

- PPE must be removed carefully in order to avoid self-contamination
- Take off PPE at doorway, before leaving room or in anteroom
- Take off N95 respirator outside room, after door has been closed